



Archaeological Site of Panamá Viejo – Panama City

Golden Age

Spanish Program

Who are we?

EPA! Español en Panamá is a Panamanian school founded in November 2007. Our focus is on teaching Spanish as a second language to anyone who needs to learn or improve the language. We are certified by the Instituto Cervantes from Spain and are an official DELE testing center.

Our methodology

At EPA!, we use the Communicative Approach to teach Spanish. Our teachers are highly trained and prepared to teach you using a well-structured and organized methodology. We use top-notch materials and follow the Common European Framework of Reference for Languages (CEFR) to ensure a comprehensive learning experience.

Golden Age Spanish Program

Introducing the Golden Age Spanish Program at EPA! Español en Panamá, specially crafted for individuals over 50 years old eager to embrace new challenges and experiences. This program not only helps you learn Spanish in a dynamic and supportive environment but also keeps your mind sharp and engaged. Through immersive language classes and enriching cultural activities, you'll connect with the heart of Panama while forming meaningful relationships with like-minded individuals.

Whether you're looking to enhance your travel experiences, meet new people, or simply enjoy the journey of lifelong learning, the Golden Age Spanish Program offers the perfect blend of education and adventure. Join us and turn your mornings into a time of discovery, growth, and cultural immersion!

Upcoming Dates

March 7– 22, 2026
Panama City & Boquete

November 14– 29, 2026
Panama City & Boquete

Face to face



Español ^{en} Panamá



Volcán Barú – Boquete town

Program Overview

Enjoy an enriching learning experience with the Golden Age Spanish Program at EPA! Español en Panamá. Designed for individuals over 50, this program offers:

- 3 lessons per day (50 minutes each), Monday to Friday.
- 2-week duration.
- Limited class size (maximum 7 students per group) for a personalized and engaging environment.

GOLDEN AGE SPANISH PROGRAM / PANAMA CITY - 2 WEEKS - 15 NIGHTS

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AIRPORT PICKUP TOCUMEN ▼ ARRIVAL TO PANAMA CITY	INDIGENOUS COMMUNITY EMBERA ▼ FULL DAY ACTIVITY	SPANISH COURSE (3 HOURS) ▼ LATIN DANCE CLASS	SPANISH COURSE (3 HOURS) ▼ HIKING METROPOLITAN PARK	SPANISH COURSE (3 HOURS) ▼ FREE AFTERNOON	SPANISH COURSE (3 HOURS) ▼ PANAMA VIEJO ARCHEOLOGICAL SITE	SPANISH COURSE (3 HOURS) ▼ PANAMANIAN DINER AND SHOW
HALF TRANSIT THROUGH THE PANAMA CANAL ▼ FULL DAY ACTIVITY	CONTADORA ISLAND FERRY ▼ FULL DAY ACTIVITY	SPANISH COURSE (3 HOURS) ▼ COOKING CLASS	SPANISH COURSE (3 HOURS) ▼ CASCO ANTIGUO WALKING TOUR	SPANISH COURSE (3 HOURS) ▼ FREE AFTERNOON	SPANISH COURSE (3 HOURS) ▼ PUNTA CULEBRA NATURAL CENTER	SPANISH COURSE (3 HOURS) ▼ CHOCOLATE MUSEUM EXPERIENCE
GAMBOA RAINFOREST RESERVE ▼ FULL DAY ACTIVITY	AIRPORT DROPOFF					

GOLDEN AGE SPANISH PROGRAM / BOQUETE - 2 WEEKS - 15 NIGHTS

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AIRPORT PICKUP ENRIQUE MALEK ▼ ARRIVAL TO BOQUETE TOWN	MINI CANYONS AND HOTSPRING TOUR ▼ WELCOME DINNER BIG DADDY'S	SPANISH COURSE (3 HOURS) ▼ TEA TASTING AND TOUR	SPANISH COURSE (3 HOURS) ▼ PIPELINE TRAIL	SPANISH COURSE (3 HOURS) ▼ FREE AFTERNOON	SPANISH COURSE (3 HOURS) ▼ HONEY AND BEES TOUR	SPANISH COURSE (3 HOURS) ▼ PARQUE BIBLIOTECA BOQUETE
GOAT TOUR: MEET THEM AND MILK THEM ▼ WEEKEND	4X4 VOLCAN BARU TOUR ▼ WEEKEND	SPANISH COURSE (3 HOURS) ▼ COFFE TASTING AND TOUR	SPANISH COURSE (3 HOURS) ▼ HANGING BRIDGES TRAIL	SPANISH COURSE (3 HOURS) ▼ FREE AFTERNOON	SPANISH COURSE (3 HOURS) ▼ STRAWBERRY PICKING	SPANISH COURSE (3 HOURS) ▼ RON TASTING, HISTORY AND TOUR
DOLPHIN WATCHING ▼ BEACH DAY: GAMEZ ISLAND & PARIDAS ISLAND	AIRPORT DROPOFF					

Golden Age Spanish Program

Boquete

Includes:

2 weeks of the Semi-Intensive program (15 hours per week).
Welcome dinner.
Tea Tasting Tour.
Pipeline Trail Hike.
Mini Canyons and Hot Springs Day.
Honey and Bees Tour.
Visit to Boquete Library.
Goat Farm Tour.
Volcán Barú 4x4 Tour.
Coffee Tour.
Hanging Bridges Trail.
Strawberry Harvest.
Rum Tour.
Dolphin Watching Island Tour.
Transportation to and from activities.

Golden Age Spanish Program

Panama City

Includes:

2 weeks of the Semi-Intensive program (15 hours per week).
Welcome dinner.
Full-Day Indigenous Community Tour (Emberá).
Dance class.
Metropolitan Park Hike.
Visit to the archaeological site of Panamá Viejo.
Panamanian Dinner and Show.
Contadora Island Trip.
Cooking class.
Casco Antiguo Walking Tour.
Punta Culebra Natural Center.
Chocolate Museum experience.
Gamboa Rainforest Reserve full-day activities.
Transportation to and from activities.

Optional Boquete / Panama City

- (1) Airport pickup and drop-off with homestay (breakfast and dinner included).
- (2) Airport pickup and drop-off with hotel stay (breakfast included).

Prices per student per location:

Boquete / Panama City

Regular program
USD 1,850.00

Regular program + Optional 1
USD 2,550.00

Regular program + Optional 2
USD 3,850.00

Note: Activities may be modified to similar options due to availability or weather conditions.

*If you cannot make it on these specific dates and still want to have a program with a minimum of 2 people.
We could send you a personalized quotation.

For more information, please contact:

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